

Scriptor's Column

MONTHLY FBS NEWSLETTER



THE ALMUNI MEET

Revisiting moments of nostalgia and happiness! Faculty of Behavioural Sciences Sgt University organised the Alumni Meet-2021 on 6th March to appreciate our alumni who have established themselves as successful individuals in almost every field of their lives.

Alumni Batches of 2018, 2019 and 2020 were invited and were given a warm welcome by Dr. Santosh Associate Dean - FBSC & HOD - ASLP of Clinical Psychology who introduced the faculty members and the alumnis.

The welcome was followed by glimpses of the journey of the students in SGT University, a beautiful cultural performance and interactive fun activities to remind the alumnis of their college life. The event concluded with the kind words of Dean, Prof. FBS Waheeda Khan along with the memento and gift distribution.

• *Cooking Without Fire:*

Breaking the stereotype, faculty of behavioural sciences organized a "Food without Fire" competition on 5th March, 2021 and invited the male officials of SGT University to take part as participants. The judges for this event were Mrs. Madhupreet Kaur Chawla ma'am and Dean FBSC, Professor(Dr.) Waheeda Khan ma'am.

Very creative dishes were seen from the participant's side. It was indeed a neck to neck competition which left our judges perplexed. Since, we all know that the winner could be just one, the prize was backed by Dr. Nair sir, Dean Fashion and Design.

Our Coordinator, Dr. Nudrat Jahan, Assistant Professor, FBSC did a marvellous job in managing the whole event.

WOMEN'S DAY SPECIAL EVENTS


• *Self Defence :*

Rumbling like thunder with a spine of steel, she becomes a reflection of grace and strength. In every travesty, she emerges as a ray of hope for everyone. Faculty of Behavioural Sciences at SGT University organised the 'Self Defence Training' on March 5, 2021 under the guidance of our Resource person Ms. Veena Gupta, Founder, Sean Group Services.

Spreading and solidifying the word about 'Nari Shakti' and the robustness of 'Being Woman' the female faculty members and students engaged in various physical activities.

Our coordinator, Ms. Aastha Dhingra, Assistant Professor, FBSC managed the flow of the event and made it a huge success.



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• Women's Day:

8th of March, every year is observed as international Women's day. On this day, womanhood is celebrated and women from various fields are recognised for acing in their respective responsibilities and aspirations. Faculty of behavioural sciences celebrated this day with enthusiasm. The theme chosen was 'Women Leadership; A journey of self – reflection and challenges'. The event was started with an introductory speech by our respected dean ma'am, Prof. (Dr.) Waheeda Khan and was followed by a symposium. Our guests for the symposium were, Prof. (Dr.) Sabiha Hussain, Mrs. Mukta Singh and Ms. Akanksha Negi. The program ended with a beautiful dance drama performed by Ms. Harleen Kaur Chawla, Final year student, FBSC and our freshers. This dance drama was managed by Ms. Devika Raje, Assistant Professor, FBSC.



WORLD HEARING DAY

World Hearing Day is celebrated on March 3 every year, this year the theme of World Hearing Day 2021 was Hearing care for ALL! SGT University has celebrated this special day by raising awareness with the help of poems, Musical Rap, Skits all written and composed by students and guided by Faculty. The Chief Guest for the event was Dr. (Prof) Rajbir Singh Dean, #FBSC, and Dr. Rajsingh Sherawat, HOD, Department of Special education. The event was chaired by Dr. Santosh Kumar, Associate Dean, FBSC, HOD, Department of Audiology and Speech-Language Pathology. And the event was coordinated by Ms. Swati Mahendru, Assistant Professor, Department of Audiology and Speech-Language Pathology.

Workshop on Stress Management for Exam going School Students

The Department of Clinical Psychology, SGT University - Faculty of Behavioral Science organized a workshop on **Stress Management** for exam going school students at Indus Public School, Rohtak on 12th March, 2021 and Jawahar Navodaya Vidyalaya, Farukhnagar, Haryana on 17th March 2021. The resource person of the workshop was Dr. Nandha Kumar Pujam, H.O.D., Associate Professor and Dr. Vikas Punia, Assistant Professor, Department of Clinical Psychology, respectively. The major objective of the workshop was to sensitize the exam-going students regarding exams.



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