

SHREE GURU GOBIND SINGH TRICENTENARY UNIVERSITY (UGC Approved)

Gurugram, Delhi-NCR

Budhera, Gurugram-Badli Road, Gurugram (Haryana) – 122505 Ph.: 0124-2278183, 2278184, 2278185

Building Skills For Employment Workshop



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**Faculty Of Behavioural Sciences** 

Date: 19/05/2022 \_ 21/05/2022

Time: 10:00AM - 03:00PM

Venue: C.H.L Government College, Chhara, Jhajjar



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#### Organizers:

PSYCA, Academic Association of Faculty of Behavioural Sciences

Ms. Aastha Dhingra, Advisor PSYCA

Dr. Amra Ahsan

Dr. Farhat Jahan

Ms. Devika Raje

#### Report of the Webinar/ Event / FDP Program:

Faculty of Behavioural Sciences, SGTU, in collaboration with PSYCA, the academic organization of the Faculty of Behavioural Sciences, organized a three-day workshop on "building skills for employment" for students of C.H.L. Government College, Chhara, Jhajjar. Ms. Aastha Dhingra, Advisor PSYCA, commenced the event by explaining the significance of the event to the students, encouraging them to come with zeal and passion. Under the supervision of Dr. Amra Ahsan, Ms. Devika Raje, Dr. Farhat Jahan, and Ms. Aastha Dhingra, our students Mohit Gupta, Rahul Gupta, Kunal, Jatin, Akansha, Vishal, and Manish, they conducted various psychological tests on them to assess their attention span, IQ, cognition, personality, and judgement.

Every day, Ms. Aastha conducted a 30-minute motivating session for the students, during which she addressed their worries while learning about their personalities using graphology. All three days were jam-packed with activities. The outcomes of all the tests were discussed with the students on the concluding day. PSYCA member Mohit Gupta, together with Dr. Farhat Jahan and Ms. Aastha Dhingra, analyzed all of the data and informed each student personally, as well as



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giving them ideas on how to improve in their shortcomings. Ms. Aastha Dhingra ended off the session, leaving students with a fantastic NLP experience that made the occasion unforgettable. The principal and faculty members were delighted about the three-day workshop and were highly supportive.

a) <u>Screenshots of Webinar/ Picture of Event:</u> Good quality picture with legends is mandatory



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Building skills for employment workshop



#### List of participants

94 Participants from various fields such as arts, commerce and science participated in the workshop.